

HAPPY JUST CRAFTING

Phoenix Wrist Band — Quick Reference

A Javoews House pattern · Advanced · 14-18 hrs / 5-6 sessions



Inspiration

MATERIALS AT A GLANCE

1 mm waxed polyester: rust 90 ft, terracotta 45 ft, burgundy 25 ft, gold 20 ft (169 ft / 51 m total)
Beads: 14 gold 3 mm, 9 carnelian 4 mm, 1 carnelian teardrop 12 mm, 1 brass 6 mm, 1 filigree cap
Toggle/button closure · board, T-pins, lighter, needle

BUILD TIME: 14-18 hrs for a confident intermediate, 5-6 sessions

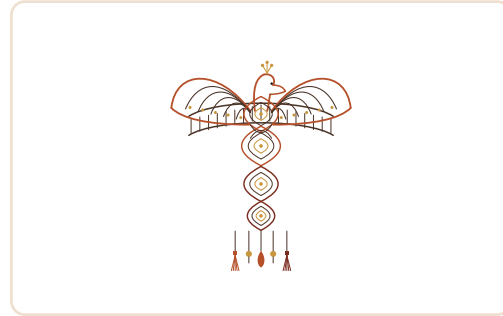
BUILD ORDER

#	Section	Time
1	Cuff foundation (24 cords)	2 h
2	Head & crest column	1.5 h
3	Wing fans x2 (beaded ribs)	4 h
4	Celtic body weave	2 h
5	Medallion chain x3	3 h
6	Ring loop braid	0.5 h
7	Drops & tassels x5	1.5 h
8	Seal, block, closure	1 h

CORD CUTTING QUICK-REF

Grp	Purpose	Qty	Cut
A	Cuff body	24	40 in
B	Left wing	8	32 in
C	Head + crest	4	28 in
D	Right wing	8	32 in
E	Medallions	6	36 in
F	Drops + wraps	8	24 in
G	Ring loop	2	20 in

Cut all cords 3-4 in longer than listed.



Finished pattern

KNOT ABBREVIATIONS

- LHK** Lark's Head — mounting knot, loop and pull-through
DHH Double Half Hitch — two locking loops on a holding cord
DDHH Diagonal DHH — DHH on an angled cord; all ribs & leaves
VDHH Vertical DHH — wraps a vertical core; head column
SK Square Knot — flat knot over 2 fillers; cuff texture
WK Wrapped Knot — coiled tassel gather, tail hidden
BR 3-Strand Braid — bead drop carriers, ring loop
OK Overhand Knot — locks every bead in place

TOP 5 MISTAKES TO AVOID

- Slack holding cords — wing ribs sag. Keep tension over your ring finger.
- Forgetting beads before the locking knot — 1 mm cord won't re-thread.
- Over-tight SK rows — the cuff must flex. Relax rows 4-7.
- Snugging the Celtic weave one curve at a time — rotate, quarter turns.
- Melt-sealing on the front face — always seal on the reverse.

SESSION PLAN

Evening 1: cut cords + cuff foundation
Evening 2: head, crest + left wing
Evening 3: right wing + Celtic weave
Evening 4: medallion chain
Evening 5: ring loop, drops, tassels
Evening 6: seal, block overnight, fit closure